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FACULTY OF MEDICINE UNIVERSITY OF MONTENEGRO

GUIDE FOR INCOMING STUDENTS AND STAFF

Erasmus+ KA2 Capacity Building in the field of Higher Education

Strengthening capacities and digital competences in biomedical education through
internationalization at home BIOSINT

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TABLE OF CONTENT

- 1. ABOUT THE UNIVERSITY AND FACULTY OF MEDICINE**
- 2. STUDIES**
- 3. EXAMINATION AND ASSESMENT**
- 4. THE STUDENT PARLIAMENT OF THE UNIVERSITY OF MONTENEGRO**
- 5. ADMISSION CRITERIA FOR EXCHANGE STUDENTS**
- 6. VISA PROCEDURE**
- 7. HEALTH INSURANCE**
- 8. ACCOMODATION**
- 9. ABOUT MONTENEGRO AND HOW TO REACH IT**
- 10. USEFUL PHONE NUMBERS AND LINKS**

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1. ABOUT THE UNIVERSITY

The University of Montenegro, established in 1974, has a unique role and mission in the Montenegrin Higher Education System.

It is the oldest and at the same time the only state university in Montenegro. It is the most comprehensive higher education institution that provides education in the fields of social sciences, humanities, as well as technological, natural and medical sciences.

Around 20 000 students study at this institution making it the biggest and the only comprehensive Higher Education Institution in Montenegro, comprised of 19 faculties and 3 institutes. The organization of lectures and exams has been conducted in accordance with the Bologna Declaration since 2004. It is an integrated institution with curricula harmonized with those at the most respectable European universities. This, as well as numerous agreements and programs in which the University takes part, enables mobility without barriers in the European Higher Education Area for the students, teachers and administrative staff.

The university seat is in Podgorica, and it has departments in Nikšić, Cetinje, Kotor, Herceg Novi (Igalo), Bar, Bijelo Polje and Berane.

The University of Montenegro is a member of prestigious international organizations such as:

- UA (*The European University Association*)
- Magna Charta Universitatum
- AUF (*The Francophone University Association*)
- Uniadriion (*The University Network of the Adriatic Ionian Initiative*)
- NUSCT (Network of Universities of Small Countries and Territories)
- BUA (*The Balkan University Association*)

The University of Montenegro is organized like most European universities.

The Governing Board governs the university and the Rector manages it.

The supreme academic body is the University Senate.

Deans are heads of faculties and directors are heads of institutes.

The highest academic bodies at faculties i.e. at institutes are Councils.

The highest student body is the Student Parliament.

Representatives of students are elected in all bodies of the University and of the faculties.

The Rectorate is the central management unit at the University of Montenegro. It includes the Rector, Vice-Rectors, the Secretary General, the Head of Finance and adequate Services.

The Faculty of Medicine was established in 1974. The primary mission of the Faculty of Medicine, UoM is aimed at creating competent, highly educated health professionals, who will be mainstay of the Montenegrin health system, symbiotically connecting the quality of health care, scientific research and development of the society as a whole.

The vision of the Faculty of Medicine is reflected in the continuous development and improvement of education process, in order to have the learning outcomes of this HEI adequately positioned and recognized as the outcomes of competitive educational institutions on the academic map of the region and Europe.

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Bearing in mind that professions of doctors of medicine, dentistry and pharmacy as well as nurses and technicians are in the groups of seven necessarily regulated professions in the European Union (EU), these study programs are aligned with the EU directives on regulated professions (Directives 2005/36/EU and 2013/55/EU) of European parliament and Council of recognition of professional qualifications with recommendations and guidelines of international professional associations and faculty associations on the status of HE.

Erasmus + signed institutional contracts for students and staff mobility programs:

- Universität des Saarlandes in Saarbrücken, Germany
- Sapienza Università di Roma, Italy
- Univerza v Ljubljani Zdravstvena fakulteta,
- Heidelberg University, Heidelberg, Germany,
- Universitatea de Medicină și Farmacie Craiova, Romania
- Freie Universität Berlin, Germany
- Uniwersytet Warszawski, Warsaw, Poland
- Universidad de Granada, Granada, Spain
- Universidad de Leon, Spain
- Trenčianska univerzita Alexandra Dubčeka v Trenčíne, Slovakia
- Universite de Reims Champagne Ardenne, France
- Aristotle university of Thessaloniki, Greece
- University of Novi Sad, Serbia
- Consorzio Erasmus + Uniadron Italy
- Philipps Universität Marburg, Germany
- Orta Doğu Teknik Üniversitesi, Turkey
- Radboud Universiteit, Nijmegen, Holland
- Silesian University of Technology, Poland

Bilateral cooperation agreements:

- With other universities (national and international) – 20
- Other international medical and non-medical institutions – 10
- Other national medical and non-medical institutions – 11.

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2. STUDIES

Classes are organized in accordance with the curricula of reputable universities in the European Higher Education Area, which, along with numerous agreements and programs, enables unhindered mobility for students, teachers and administrative staff. In undergraduate and master studies, candidates are enrolled at the expense of the State Budget.

Studies at the University of Montenegro are organized and implemented in the framework of the Bologna declaration. The basic model of studies is 3+2+3 meaning that undergraduate studies last three academic years, duration of undergraduate studies for regulated professions is as follows: doctors of medicine (6), dentists (6), pharmacists (5), architects (5) and teachers (5); post-graduate (masters) studies last two years and doctoral studies have duration of three academic years.

The academic year is divided into two semesters each worth 30 ECTS, which means that full academic year is worth 60 ECTS. The winter semester starts in September and the summer semester in February.

Enrollment in the 1st year of studies is regulated by the Rulebook on conditions, criteria and procedure for enrollment in undergraduate studies of the University of Montenegro. Based on the Rulebook, enrollment of students in the first year of undergraduate studies is performed based on a public competition for all study programs.

Foreigners with temporary residence or permanent settlement in Montenegro, are equal in rights for education with Montenegrins, in accordance with specific law.

A foreigner has the right for enrollment on study programs in Montenegro, with the same conditions as Montenegrins, in accordance with this Law and the statute of the institution.

Faculty of Medicine, University of Montenegro, was established in 1997 with the sole study program of medicine. In the present studies are organized as follows:

1. Academic studies in five different study programs:
 - a. Medicine – six years of undergraduate academic study, at the end student is awarded a Doctor of medicine degree,
 - b. Dentistry - five years of undergraduate academic study, at the end student is awarded a Doctor of dentistry degree,
 - c. Pharmacy – established as a different study program - five years of undergraduate academic study, at the end student is awarded a Doctor of pharmacy degree,
 - d. Medical college – first cycle – Bachelor – three years , at the end student is awarded a Bachelor degree
 - e. Applied physiology – first cycle – Bachelor – three years , at the end student is awarded a Bachelor degree
2. Master studies for study programs of Medical College and Applied physiology – two years, at the end student is awarded a Master of Science degree.
3. Doctoral studies for study programs of medicine, dentistry and pharmacy, lasting for three years, et the end student is awarded with the PhD degree
4. Long lasting specialization programs:

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- a. In medicine – in the fields of Radiology and Family medicine – lasting for four and three years,
- b. For study programs of Medical college and Applied physiology – lasting for one year.

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3. EXAMINATION AND ASSESMENT

Work and knowledge of students is monitored continuously during the semester and assessed at the final exam. The teacher introduces the students during the first class, in oral and written form, to the forms of monitoring their work, terms of knowledge assessment, character and time of the final exam, structure of the total number of points and the way in which the final mark is established.

A student obtains points for every separate form of evaluation of his/her work and assessment of knowledge, in compliance with ECTS rules.

In the structure of the total number of points, activities and checks of knowledge during the semester must account for at least 50% of the points. Assessment is done according to ECTS scale with the marks: A, B, C, D, E and F, meaning:

- A 90-100 points Excellent (exceptional success with slight mistakes)
- B 80-89 points Very Good (above average, with some mistakes)
- C 70-79 points Good (average with noticeable mistakes)
- D 60-69 points Satisfactory (in general good, with significant deficiencies)
- E 50-59 points Sufficient (meets the minimum criteria)
- F 0-49 points Insufficient (needs significantly more work)

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4. THE STUDENT PARLIAMENT OF THE UNIVERSITY OF MONTENEGRO

The Student Parliament of the University of Montenegro is an institutional representative student body, which represents a population of more than 20,000 students. Since its establishment on 31 May 2004, the Student Parliament has been continuously working on the improvement of the conditions of student life and strengthening the student population in Montenegro. With representatives on the Governing Board, the Senate, the Court of Honour, the Quality Management Committee of the University of Montenegro and the Council for Higher Education, the Student Parliament participates in the decision-making process on behalf of students, with at least 20 percent participation in each decision-making body at the University. Since May 2016, the Student Parliament of the University of Montenegro has been a full member of European Student Union (ESU) – the umbrella organisation of National Student Unions from the whole of Europe, which moved its activity to the international level.

The Student Parliament has a Student Ombudsman, who deals with the protection of students' rights.

STUDENT ORGANISATIONS

In addition to the Student Parliament of the University of Montenegro as the umbrella Student Organisation, there are seven other organisations that bring together students of the University with similar interests:

- Best (the Board of European Students of Technology)
- The Debate Club of the Faculty of Political Science, "Agora"
- EESTEC
- The Montenegrin Association of Political Science Students – MAPSS
- The Association of Students of the Academies Cetinje
- The Student Association for International Cooperation – SAMS is a student organisation founded in September 2012 with the aim of promoting cooperation between Montenegrin students and students from abroad. The aim of SAMS is to improve knowledge about the work of international institutions, primarily the United Nations, and its aims are also: creating better cooperation among universities, by uniting students from various University units, making students familiar with the functioning of international organisations, promoting international cooperation, and cooperation with various associations and organisations from beyond the borders of Montenegro
- MoMSIC (the Montenegrin Medical Students International Committee) is a voluntary non-governmental organisation at the Faculty of Medicine in Podgorica, based on the free associating and joining of students of Medicine in order to achieve common goals. One of the main projects is student exchanges. The organization is a full member of the International Federation of Medical Students, IFMSA, the largest student organization in the world, with more than 1.3 million members in 118 member countries.

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5. ADMISSION CRITERIA FOR EXCHANGE STUDENTS

As an exchange student you can spend one or two semesters at the University of Montenegro. You can come for an exchange through one of the following:

- Erasmus+ programme;
- Ceepus programme;
- Mevlana exchange programme;
- Within bilateral agreements.

The IRMO at the central level is located in the Rectorate building of the UoM. Mobility officers, as well as administrative assistants in the IRMO are responsible for the implementation of Erasmus+ ICM projects. The link with contact details of IRMO staff is available here: <https://www.ucg.ac.me/objava/podorg/0/30/poz/info>.

IRMO of the UoM actively supports students in gaining the necessary legal documents for the stay abroad, such as invitation letters for the visa application, as well as in finding accommodation in Montenegro. Incoming staff are provided with information, counselling and assistance for all questions that are relevant for their stay in Montenegro, from the entry in the country, the search for accommodation, organization of mobility.

The IRMO cooperates closely with all university units and other institutions. In cooperation with ESN Podgorica candidate section it also organizes regular events and excursions for incoming students.

International Relations Coordinators/Vice-dean for international collaboration, as well as Vice-deans for Teaching at respective university departments are in charge of providing support in academic issues to the incoming students.

For being an exchange student at the University of Montenegro you should first be nominated by your home university. Inform yourself at your home university on the procedure you should follow in order to be considered for nomination. After you are nominated by your home university, you will be contacted by the IRO of the University of Montenegro and you will be required to submit an application form.

Exchange students need to have their Learning Agreement duly signed by their home university. Upon arrival, they should first go to the International Relations Office and then contact the Vice-dean of the Faculty where they will study during the exchange.

The University Senate determines the number of foreign students to be enrolled into each study group of the University of Montenegro.

Needed document for undergraduate studies:

- application for registration;
- the original Certificate of secondary education exam passed;
- the original Certificates for completion of each year of secondary education;
- birth certificate;
- the certificate of citizenship;

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- the certificate of excellence in studies (if achieved) or equivalent diploma;
- diploma (or equivalent certificate) on winning the first or second prize in a national competition of secondary school students, organized by the ministry responsible for education and science or higher rank competition.
- A foreign citizen also submits proof of knowledge of the language in which the studies are conducted, except in case of having completed high school in one of the languages that are in official use in Montenegro.

In addition to the application form you should submit:

- CV
- Motivation letter
- Passport
- Transcript of records
- Draft of the Learning agreement
- Recommendation letter by a professor from your home faculty

For Master and PhD studies:

- the original Diploma on graduation/master thesis;
- birth certificate;
- the certificate of citizenship;
- the certificate of excellence in studies (if achieved) or equivalent diploma

Faculty of Medicine in current state has not develop study programs in English language.

Recognition of foreign educational or academic certificate on the acquired secondary or higher education, in order to continue studies in Montenegro, is administered by the Ministry of Education. The recognition of certificate, for continuing higher education, is performed by the authority of licensed institutions of higher education (the University), upon obtaining the opinion of the ENIC center.

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6. VISA PROCEDURE

The Ministry of Foreign Affairs in cooperation with the Ministry of the Interior is in charge of processing visa requests of foreign students. The requests are to be submitted to the Embassy of Montenegro in the country of origin of the student. Visa procedure usually takes a few working days and the entire procedure can take up to 10 days, though sometimes it is completed in at a shorter time notice.

Detailed information on the visa regime for foreign citizens, the visa application form and the explanation of the entire procedure for obtaining the visa can be found as the web site of the Ministry of Foreign Affairs <http://www.mip.gov.me/>

FOR EU CITIZENS

In the event you do not obtain a visa in your home country, you can enter Montenegro with your valid passport, after which, within 24 hours, you must register your stay in Montenegro.

Once you are registered in a Tourist organization, you can stay in Montenegro for 90 days. However, within these 90 days, you must obtain a temporary residence permit. In order to obtain the permit, you shall submit a request for obtaining a temporary stay permit at the Ministry of Interior Affairs.

Obligatory documents for obtaining a Residence Permit:

- Proof of having sufficient financial support (Copy of Grant Agreement)
- Proof that student is provided with accommodation *issued by the IRO office of the University of Montenegro
- Health Insurance Certificate
- Copy of Passport (All pages)
- Valid Certificate of clear criminal record not older than six months (validity of six months) issued by the competent authority of the native country *certificate has to be original and translated into Montenegrin language by a court sworn interpreter
- Proof of request justification (confirmation that student is an Erasmus+ student) *issued by the IRO office of the University of Montenegro

All documents including Grant Agreement, Health Insurance, and Certificate of clear criminal record have to be translated into Montenegrin language by a court sworn interpreter.

Note: Please check if the verification with an Apostille stamp is required for documents issued in your country before arrival.

After the request is submitted (you will be required to pay a fee of around 50 euros in order to be issued the permit) the Ministry makes a decision on granting the permission for a temporary stay within the envisaged time period.

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internationalization at home

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FOR NON EU CITIZENS

You can obtain a visa for Montenegro in your home country or in the closest neighbouring country where there is an Embassy of Montenegro. Information on Embassies and consulates of Montenegro and visa regimes for foreign citizens: <https://www.gov.me/en/diplomatic-missions/embassies-and-consulates-of-montenegro>

For students coming from non-EU countries, visa policy varies from country to country. Incoming students can stay in Montenegro for 30 days, but it is highly advisable to obtain a visa before arrival. Upon arrival, incoming students must register at the Tourist Organization in the city of stay.

Information about the visa policy in Montenegro for each country is available here: <https://www.gov.me/en/government-of-montenegro/visas-and-entry-requirements>

All issues regarding visa and accommodation shall be addressed to the International Relations Office before arrival, irouom@ucg.ac.me.

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internationalization at home

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7. HEALTH INSURANCE

The exchange students themselves are responsible for obtaining insurance and bearing the insurance costs during mobility, unless otherwise stipulated by the concrete exchange program.

The insurance must cover: travel insurance, health insurance, and general liability insurance for Third party, accident and serious illness coverage in a mandatory way depending on the type of the mobility.

The IRO office shall provide to the selected candidates and sending institution all relevant information regarding insurance rules applicable for foreign students.

Montenegro has signed 25 bilateral agreements on social insurance i.e. social security, which allow for harmonized application of national legislations of the contracting states in the area of social insurance which guarantees equal treatment of citizens in each of the contracting states. The agreements ensure preservation of acquired rights and guarantee payments of benefits in case of change of residence from one to another contracting state. The bilateral social security agreements regulate the rights to pension and disability and health insurance, health care and maternity, insurance in case of injury at work and occupational disease, unemployment insurance, child benefit, as well as administrative legal aid.

The states Montenegro has signed agreements with are: Austria, Belgium, Bosnia and Herzegovina, Czech Republic, Denmark, Egypt, France, the Netherlands, Croatia, Italy, Libya, Luxemburg, Hungary, Macedonia, Norway, Germany, Poland, Slovenia, Serbia, Switzerland, Sweden, Great Britain, Republic Bulgaria, Republic of Turkey

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8. ACCOMODATION

The University of Montenegro has access to a number of rooms in the residence halls. For the accommodation of exchange students, the number of available rooms is limited, so this option should be explored with the host well in advance, starting with the date of the approval of the scholarship.

Dormitory Accommodation

Novi Dorm, Address: Studentska bb, 81000 Podgorica, Montenegro

To secure a spot, make sure to submit a request to the international office as soon as possible. The demand for dormitory accommodation can be high, so it's crucial to express your interest early on. Send a formal request to the international office expressing your desire to stay at the Novi Dorm. Include your personal details, expected duration of stay, and any preferences you may have. You can contact them via this email: irouom@ucg.ac.me.

Once your request is submitted, patiently wait for confirmation from the international office. They will provide information on whether a spot is available, along with any additional instructions or forms required.

Room assignments are typically made by the university administration based on availability and your preferences, if possible. You may find yourself in a double or triple occupancy room, sharing a bathroom with your roommates. Rooms are organized by gender. The accommodation fee for the Novi Dorm is around 30 euros per month, and this should be paid on-site. Ensure you have the necessary funds ready to cover your stay. While basic furnishings like a bed, wardrobe, and desk are provided, remember to pack your own bedsheets. Although pillows are usually available, they are not guaranteed. It's advisable to bring your own pillow along with any other personal bedding preferences. Being prepared will contribute to a comfortable and restful stay in the dormitory. Be aware that maintaining cleanliness in your assigned bedroom is your responsibility. Cleaning products are not provided, so consider bringing or buying your own supplies.

Rest easy knowing that the dormitory entrance is under 24/7 security surveillance. Your safety is a top priority, and there's always someone on guard, day or night.

Some of the exchange students, the same as a number of Montenegrin ones, are renting. The prices vary, depending on the type of accommodation (room, studio, apartment, distance from the faculty), between 80 and 400 € a month. Students quite often share a flat in order to reduce the price. IRO can help the students find the appropriate accommodation. Many flats are available near most of the faculties and are usually rented by students.

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Dining

When it comes to dining at UCG, students have several options to cater to their culinary needs and schedules. In the dorms, each floor is equipped with a small kitchen featuring a simple induction stove, fridge, and sink. However, it's important to note that these kitchens may not be available on every floor, and students are responsible for purchasing their own cooking ingredients and kitchenware.

Alternatively, many students choose to dine at the Menza, the campus cafeteria. Upon arrival, every international student receives a student card, which can be loaded with meal credits. ESN buddies will assist with this process. Meals at the Menza are incredibly affordable, averaging around 1 euro each for breakfast, lunch, or dinner. Students can purchase as many meals as they want each month, but it's important to be aware that these meals expire on the 10th of the month, with a restriction on purchases between the 25th and 1st.

The Menza operates from 7 am to 8 pm from Monday to Saturday, and from 7 am to 1 pm on Sundays. Takeaway options are available, but students need to bring their own packaging.

Additionally, next to the Menza is Buffe, another dining option that offers a variety of food items such as sandwiches, omelets, and pastries. While students can use their meal credits at Buffe, it's worth noting that the prices are slightly higher compared to the Menza. Buffe is open from 7 am to 9 pm on weekdays and from 2 pm to 9 pm on Saturdays and Sundays.

Facilities for students

In each of the University towns, there are student cantinas, and students from abroad can use them as well. They should submit a request for obtaining the discount card. In that respect, IRO offers assistance to those coming within ERASMUS MUNDUS projects, CEEPUS students obtain it from the Ministry of Education and Science. The others should contact the Faculty Students' Service.

Foreign students who have the health insurance covered can use the Students Polyclinic.

Students from abroad can use the University libraries and other facilities at the premises.

Most of the faculties have wireless internet connections of the UoM academic network. It is free of charge for all students.

Transport to the university

The public transportation system in Podgorica consists of buses. The price for single ticket is 0.70 € and it can be purchased from driver. The price for student bus card is 20 €.

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internationalization at home

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Taxis are rather cheap, with many taxi companies available (minimum fare is between 1.00-1.30 €). Navigating Montenegro is a breeze with popular taxi apps that streamline booking and tracking. Especially in Podgorica, consider using:

- Nas Taxi
- Klik Taxi
- TeslaGoApp

Operating with internet connectivity, these apps are hassle-free for students. For those preferring phone calls, contact numbers for well-known taxi services include:

- Red Taxi: 19740
- Nas Taxi: 19709
- City Taxi: 19711
- Lider Taxi: 19755
- Alo taxi: 19700
- Red line taxi: 19714
- Peugeot taxi: 19723
- In taxi: 19755
- Boom taxi: 19703

Additionally, many taxi services can be reached via messaging apps such as Viber or WhatsApp. However, for a seamless transportation experience, using dedicated taxi apps is generally the most efficient method.

Bus station: <https://busticket4.me/autobuska-stanica/polasci/Podgorica/MNE/52>

Train station: <https://www.zcg-prevoz.me/search>

Since the town is small, it is almost always possible to walk to and from the faculty. Podgorica is considered to have relatively low crime rate. Students should exercise common sense with regards to their behaviour and actions. Any lost or stolen property should immediately be reported to the authorities. Please take care of your passports. If you live in a rented apartment, the noise should not be made after 22h.

Language courses

The University of Montenegro organizes Montenegrin language course for the incoming students. The course attendance is free of charge. Lectures are held twice a week in the premises of the Rectorate.

Cultural events

There are many cultural institutions in Montenegro which offer a wide variety of cultural events. Podgorica is the host to the National Theater and also the Town Theater, cinema, galleries, museums, etc. Beside this, many students organize various cultural events at individual faculties – watching movies or plays, concerts, poetry evenings, etc.

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Montenegrin National Theatre: <http://www.cnp.me/eng/>
Culture- informative center „Budo Tomovic“:
www.culture-corner-me

Leisure and sport

A sport spirit is nourished among students; therefore leagues for many sports are organized. For example, students of the Faculty of Economics organize many sport activities, trips, etc. in almost every field of sport (eg. skiing, football, basketball, etc.). As far as leisure is concerned, student life is enriched by many discussion meetings, excursions, concerts parties, hang outs...

The University Sports and Cultural Centre was opened on November 17, 2015, at a ceremony marking International Student Day. The Centre has a sports hall, which covers over 5,400 m² and has about 800 seats on stands. In the hall, apart from training, student leagues in collective sports are also organized, and students can use the hall through Student Sports Associations which are registered at University units. The Multimedia Hall of the Centre, with a capacity of 220 seats and technical services, serves as a cultural information Centre of the University of Montenegro. The smaller hall of the Centre has 30 seats, and can be used for organizing smaller events or parallel sessions when large events are organised in the large hall.

Adress: Baku br. 1, 81000 Podgorica / T: +382 20 681 440 +382 20 681 444 / E-mail:
skcucg@ac.me.

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9. ABOUT MONTENEGRO AND HOW TO REACH IT

The official name:	Montenegro
Flag:	
Coat of arms:	
Political status:	Republic
Location:	Adriatic Coast, South-East Europe
Neighbouring countries:	Croatia, Bosnia & Herzegovina, Serbia, Albania, Italy
Size:	13,812 km ²
Population:	621.383 (according to the 2013 census)
Capital:	Podgorica (approx. 185.937 inhabitants; administrative and economic centre)
Historical capital:	Cetinje (18.500 inhabitants, historical and cultural centre)
Religion:	Most of the population is Christian Orthodox, with a significant Muslim minority and a notable Roman Catholic presence in some parts of the country.
Language:	Montenegrin is the official language. Both the Cyrillic and Latin alphabet are in use. Albanian is spoken in some communities that have a majority Albanian population.
Foreign languages:	English, German, Russian, French and Italian are the most common foreign languages spoken at the tourist resorts.
Currency:	Euro (€)
Time:	Central European Time GMT+1
International phone code:	+ 382
Internet country domain:	.me
Electricity:	220 volts AC. Sockets are round two-pin.

History reveals that people have lived in the region of Podgorica since the prehistoric period so that this is the city with rich history and cultural heritage. Due to the tumultuous war history and frequent devastations, the town has been deprived of most of its old buildings. Over the last fifteen years, the town has been developing fast, making it a modern, administrative and business centre of the country.

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Cetinje is the old capital of Montenegro, with immense historical heritage. It was founded in 15th century. In this town, faculties of fine arts and drama, as well as Music Academy are situated. Kotor is a town on the coast, with long history, dating back to ancient Romans. Over the centuries, different cultures were settled here, but today, there is predominant influence of Venetians. Two of the UoM units are situated there: Faculty of Tourism and Hotel Management and Faculty of Marine Studies.

Niksic used to be the industrial center of the country and is an important cultural and educational center. The Faculty of Philosophy offers studies in philosophy, sociology, geography, pedagogy and psychology. The Faculty of Philology for different languages and Faculty of Physical Culture are also situated in Niksic.

The climate of Montenegro, besides its latitude and altitude is also characterized by the water area of the Adriatic Sea and lake Skadar, then by deep penetration of the sea into the mainland in the Bay of Boka. Also, high mountains Orien, Lovcen and Rumija as well as the mountain massif of the Durmitor, Bjelasica and Prokletije prevent warm wind from entering.

The south of Montenegro enjoys a Mediterranean climate, with long dry summers and short mild winters. At the seaside, average July maximum temperatures are around 28°C with a high approaching 30°C, winter maximum temperatures are around -10°C and minimums around -27.5°C.

Podgorica is the warmest city in Montenegro, where maximum temperature can reach up to 45°C and the minimum -10°C. In the central and northern part of Montenegro, the climate is continental though influenced by Mediterranean climate manifested by precipitations and a higher temperature in winter months.

Climate in the northernmost part of the republic is based on Continental climate with great temperature differences during the year and smaller volume of precipitations. High karst mountain area is Sub-alpine with cold snowy winters and moderate summers.

Average precipitations vary from 960 to 2.900 l/m², while the region of Krivosije (Crkvice) has a European maximum of precipitations, on average about 4.800 l/m² and in the record years 7.000 l/m². On average there are 142 sunny days a year, while air humidity is from 50% in Podgorica, during summer, up to 80% in Kolasin and Niksic during autumn months.

Montenegro has connections on road, railway, maritime and air transportation.

- By plane... Choose one of the following airports:
 - Podgorica - Golubovci Airport is situated 12 km from the capital Podgorica, 62 km far from Budva, 43 km from Bar, 69 km from Ulcinj, 80 km from Kolasin and 170 km from Zabljak.
 - Tivat – Tivat airport is only 4 km from the town centre, 20 km far from Budva and Herceg Novi, 58 km from Bar, 73 km from Ulcinj and 80 km from Podgorica.
 - Dubrovnik – Cilipi Airport - one of the biggest airports in Croatia is situated in-between the Montenegrin town of Herceg Novi and the city of Dubrovnik. What many tourists do not know is that when flying into Dubrovnik Airport you are

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only 24 km far from Herceg Novi, 44 km from Tivat and 68 km from Budva.
www.montenegroairlines.com

- By train... Train travel is convenient and inexpensive. If you prefer travelling by railway, it is useful to know that the main railway line is Bar-Podgorica-Belgrade with connections from Belgrade to the rest of Europe. The existing railways are 249 km long - the main railway line is Bar-Podgorica-Belgrade with branches towards Niksic and the other one towards Skadar (Albania). There are several passenger trains on the Bar-Belgrade-Subotica route: express trains, business, car-trains and sleeping cars trains. Passenger trains on the Bar-Belgrade line have connections with international trains to Budapest, Vienna, Bucharest, Athens, Moscow, etc.
Local timetable information - www.zicg.me. The Railway of Montenegro arranges timetable for every year separately.

- By bus... It is also possible to reach Montenegro from neighbouring countries by bus. A comprehensive coach network connects all parts of the country. Bus service through Montenegro is quite frequent, as well as regional services. There are bus stops in all towns and cities of Montenegro. During the tourist season, many operate 24 hours a day. There are also regular daily bus lines to bigger cities in neighbouring countries. Timetables are arranged for every year separately.

- By boat... The coast of the Adriatic Sea makes Montenegro accessible for arrivals by boats, yachts, ferries, cruisers... There are a few companies that maintain a regular ferry connection between Montenegro and Italy. Ships operate on lines between Bar-Bari, Bar-Ancona and Kotor-Bari. During the summer months the frequency of lines is increased.

The Port of Bar is the biggest port in Montenegro. The capacity depends on the type and length of boats, 14 to 20 boats can be served at one time.

Kotor Harbour consists of Kotor Bay with the operative coast of 216 m in length and 3 to 12.8 m in depth, Lipci Terminal with a 75 meter-long operative coast and the small harbour of Bigovo, which is located on the open sea.

- By car... The best way to get acquainted with a country is if you visit it by car. You can reach Montenegro via one of the border crossings with Croatia, Bosnia and Herzegovina, Serbia and Albania. The road network totals 5,174 km. The two major roads in Montenegro are the Adriatic Motorway from Croatia to Herceg Novi and then to Ulcinj, and the motorway that links the South and the North, from Petrovac, through Podgorica and Kolasin to Bijelo Polje and Serbia. –

Border Crossings:

With Croatia: Debeli brijeg, Kobila.

With Bosnia and Herzegovina: Sitnica, Vracenovici, Scepan polje, Metaljka, Ilini brdo, Krstac, Nudo, Sula.

With Serbia: Rance, Cemerno, Dobrakovo, Kula, Drazenovac, Vuce.

With Albania: Bozaj, Sukobin, Grncar.

Road Assistance and Information:

AMSCG - Automobile Association of Montenegro provides services 24 hours a day in Montenegro. For help on roads call 19807 www.amscg.org

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10. USEFUL PHONE NUMBERS

Information on telephone numbers: 1181

Police: 122

Fire department: 123

Ambulance: 124

Time: 125

Weather report: 044800200

Help on roads: 19807

International calls: 1201

Montenegro Customer Care 1300 (24h – Tourist service)

Ministry of internal affairs – public complaints 19821; 020 415 259

Internet of Montenegro 1500

Number for Dial-up connections: 19402. Students get 15% discount for the Internet on Telekom ADSL

Mobile telephony:

Upon arriving in Montenegro, it's essential to address mobile connectivity. Unlike some countries, Montenegro is not under roaming agreements. To stay connected, students are advised to subscribe to a local mobile plan.

The "Tourist Prepaid" plans, ranging from 15 to 20 euros per month, include essential services like internet connectivity. An additional convenience is that both providers offer eSIM plans, allowing students to purchase and activate their plans even before arriving in Montenegro.

Telenor www.telenor.me Customers` service: 1188, E-mail: info@telenor.me

T-Mobile www.telekom.me Customers` service: 1500, E-mail: callcentar@telekom.me

M-tel: www.mtel.me Customers` service: 1600, e-mail: officeinfo@mtel.me

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Other useful links

<http://www.spucg.ucg.ac.me/> – Students` Parliament

<http://www.best.ac.me/> - Board of European Students of Technology

<http://mapss.me/> - Montenegrin Association of Political Science Students

<http://tragom.me/> - Students' Portal

<http://www.esu-online.org/> - European Students' Union

www.montenegro.travel

www.meteo.co.me Hydrological and meteorological service of Montenegro

www.visit-montenegro.com To learn more about all towns in Montenegro and get other practical information

International Relations Office at University of Montenegro

Address: Cetinjska 2, 81000 Podgorica, Montenegro

Telephone: +382 (0) 20 414 250 Fax: +382 (0) 20 414 253

Mail: irouom@ac.me

Students Dormitory

Blue Building Address: Svetozara Markovića 89, 81000 Podgorica, Montenegro Telephone: +382 20 237 796 E-mail: podgorica.studentskicentar@gmail.com Web: <http://www.studentskidom.com/>

Student dormitory – Novi studentski dom Address: Studentska bb, 81 000 Podgorica, Montenegro

Buddy Programme – Montenegrin students helping foreign students Buddy network on the University of Montenegro

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1. <https://www.ucg.ac.me/objava/blog/19379/objava/111980-guide-for-incoming-students-2022>
2. https://www.ucg.ac.me/skladiste/blog_1023/objava_151313/fajlovi/International%20Students_%20Survival%20Kit_University%20of%20Montenegro.pdf
3. <https://www.ucg.ac.me/objava/blog/19379/objava/6530-information-for-incoming-students>
4. https://www.ucg.ac.me/skladiste/blog_1020/objava_72/fajlovi/Incoming%20students%20guide_1_.pdf
5. <https://www.ucg.ac.me/objava/blog/11/objava/2>

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